



# THE ANNUAL LAKE MAC DERBY

## 13<sup>TH</sup> OCTOBER 2024



- ***Win prize money instead of medals***
- ***Quads and oars provided***

Put together your “Mixed 4x” team (two males & two females per team) and come along to the annual Lake Macquarie Rowing Club Derby. The format is a handicapped short course “round-robin” with racing over a 400-metre sheltered course and:

### **Racing:**

- Each team will race three times.
- Team points awarded for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>.
- Handicap based on your race placing.
- Points scored in each race totalled.
- Prize monies go to the teams with highest point tallies.

### **Prize money:**

1<sup>st</sup>     \$400  
2<sup>nd</sup>     \$200  
3<sup>rd</sup>     \$100

### **Entry Fee:**

\$30 per Rower  
which includes  
water, snacks and  
lunch

### **Entry Close:**

7th October 2024

### **Start Time:**

8:30am start and  
estimated  
completion  
before noon.

**For further information:** Anita Bickle (Club Capt.) on 0434 369 493 or [anitabickle@gmail.com](mailto:anitabickle@gmail.com)